



***Authentic Vietnamese
Fresh • Tasty • Healthy***

Welcome - Xin Chao

Pho is Vietnamese national dish. It can be eaten at any time on any day. The history of Pho was born in Northern Vietnam during late 1800s. The popularity of Pho has reached a world-wide audience and proudly symbolized Vietnamese food.

I Love Pho Story

I Love Pho was born with a mission to share the Vietnamese authentic food to the Lower North Shore Local. Our promise is to give you a WOW experience of customer service and quality of food with the reasonable price.

Our vision is to help young unfortunate kids in Vietnam to achieve their dream by build more schools in Vietnam's regional areas through a "Live with passion" charity. So every meal you purchased here, 50 cent will be donated to build schools.



**OUR OPENING HOURS: 11 AM - 10 PM
FULLY LICENCE (B.Y.O WINE ONLY)**

T: (02) 8065 1129

WWW.ILOVEPHO.COM.AU

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ilovepho



ilovepho_restaurant_crowsnest

ALL PRICES INCLUDE GST

A SURCHARGE OF 10% APPLIES ON NSW PUBLIC HOLIDAYS

MINIMUM EFTPOS IS \$25. SURCHARGE IS APPLIED TO ALL CARDS TRANSACTIONS

All our raw food is Gluten Free. There are some dishes that may contain sauces with traces of gluten in the ingredient. Please advise our serving staff if you are gluten intolerant.

Appertiser

1. WARM RICE PAPER ROLL *Pho Cuon Nong* 7.60 (G) (V)

Marinated tender meat wrapped in freshly steam rice paper sheet with herbs.

(2 rolls per serving)

Choice of (a) Chicken (b) Mince Pork (c) Diced Prawns (d) Vegetarian/Tofu.

(e) Beef (f) BBQ Duck 9.60 (G) (V)

2. FRESH RICE PAPER ROLLS *Goi Cuon Tôm Thịt* 7.60 (G) (V)

Marinated grilled meat/BBQ duck/cooked prawn wrapped with vermicelli, lettuce, pickled carrot and mixed mints.

(2 rolls per serving)

Choice of (a) Chicken (b) Pork (c) Vegetarian/Tofu (d) Prawn & Pork.

(e) Beef (f) BBQ Duck 9.60 (G) (V)

3. HANOI CRISPY SPRING ROLL *Cha Giò* 9.60 (G) (V)

(4 rolls per serving)

Crispy rice paper spring rolls.

Choice of (a) Meat (b) Vegetarian (c) Diced Prawns.

4. PRAWN PASTE WRAPPED AROUND SUGARCANE *Chao Tôm* 12.00 (G)

Prawn paste wrapped around a sugarcane stick. (2 pieces per serving)

5. VIETNAMESE FISH CAKE *Cha Cá* 9.60 (G)

Home-made special fish cake. (3 pieces per serving)

6. FAMOUS GRILL PORK SKEWERS *Nem Nuong* 9.60 (G)

Traditional *Nem Nuong* red sausage in Vietnamese pork roll. (3 pieces per serving)

1a



1d



1e



2f



Appertiser

(V) Denotes Vegetarian dishes. (G) Denotes Gluten Free dishes.

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Entrée

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Entrée

- 7. SALT & PEPPER SQUID** *Muc Rang Muoi* Entrée 13.00/ Main 21.00 (G)
Lightly battered salted & pepper squid. Served with fresh lemon and pepper dipping sauce.
- 8. SALT & PEPPER TOFU** *Dau Hu Muoi Tieu* Entrée 13.00/ Main 21.00 (G) (V)
Lightly battered salted & pepper fresh tofu. Served with fresh lemon and pepper dipping sauce.
- 9. SALT & PEPPER PRAWN** *Tom Muoi Tieu* Entrée 14.00/ Main 22.00 (G) (V)
Lightly battered salted & pepper prawn. Served with fresh lemon and pepper dipping sauce.
- 10. SOFT SHELL CRAB** *Cua Lot Chiên Giòn* Entrée 16.50/ Main 25.50 (G)
Soft shell crab lightly battered and deep fried. (4 pieces per serving)
- 11. SAN CHOY BAU (CHICKEN)** 11.60 (G)
Diced chicken stir fried with baby corn, watercress nut, pork sausage and mushroom. Served on the iceberg lettuces. (2 pieces per serving)
- 12. VIETNAMESE CRISPY PANCAKE** *Bánh Xèo* 15.50 (G) (V)
Choices of (a) Prawn, Lean Pork & Bean Sprouts (b) Tofu & Vegetable and Bean Sprouts.
Traditional Vietnamese crispy pancake.
- 13. CRISPY CHICKEN WINGS** *Canh Ga Nuoc Mam* 9.60 (G)
Marinated chicken wings lightly fried. (6 pieces per serving)
- 14. QUAILS** *Chim Cut Chien Gion* 16.60 (G)
Five spice quail prepared in traditional Vietnamese style. (2 whole quails per serving)
- 15. I LOVE PHO'S MIXED ENTRÉE** 15.50 (G)
Two meat spring rolls, two pork balls, one sugarcane wrapped in grill prawn paste, one fresh rice paper with prawn and pork.
- 16. WRAP N ROLL (ROLL YOUR OWN RICE PAPER ROLL) - TASTE OF SAIGON** 17.50 (G)
A platter for your to enjoy! Marinated grilled pork, prawn paste wrapped with sugarcane stick & pork balls serve with vermicelli, fresh herbs, lettuce and rice papers to roll-your-self.



Exotic Salad

17. GREEN PAPAYA SALAD WITH CRISPY PORK 18.50 (G) - *Recommended!*

Shredded green papaya tossed with roasted crispy pork belly, Vietnamese mints and cherry tomato.

18. WAGYU WITH GREEN MANGO* SALAD

*Goi Wagyu Xoai Xanh** 18.50 (G) (V)

Grilled wagyu meat tossed with green mango, Vietnamese mints and topped with roasted peanuts.

(*) Seasonal

19. BBQ DUCK SALAD WITH MIXED CABBAGE 18.50 (G)

BBQ Duck tossed with shredded cabbage and Vietnamese mints.

20. GREEN PAPAYA SALAD *Goi Du Du* 16.90 (G) (V)

Choice of (a) Prawn & Lean Pork Slice (b) Tofu.

Green papaya tossed with Vietnamese mints & picked carrot, topped with crushed roasted peanuts and prawn crackers.

21. RARE BEEF LIME SALAD *Goi Bò Tái Chanh* 16.90 (G)

Rare beef slice in fresh lime juice tossed with green papaya or green mango*, cucumber, pickled carrot, Vietnamese mints and dressed with Vietnamese sauce & roasted peanuts & prawn crackers.

(*) Seasonal

22. CHICKEN & LIME LEAVES SALAD *Goi Gà Lá Chanh* 16.90 (G)

Free range shredded chicken with salad, Vietnamese mints & topped with fresh lime leaf, mint and Vietnamese sauce & roasted peanuts.

**Add: Bowl of Hearty Soup 7.00 (G)*

Bowl of Jasmine Rice 2.50 (G)

Extra meat 3.50 (G)

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17



19



20



22



Main - Signature Dishes

CHOICE OF:

CHICKEN/PORK/VEGETABLE/TOFU 19.60

BEEF/DUCK/PRAWN/FISH/SEAFOOD 22.60

23. VIETNAMESE STYLE CURRY (G)

Cooked with thin vermicelli and coconut milk. Topped with crushed peanuts.

24. SIZZLING ON HOT PLATE (G)

Marinated meat/seafood with mixed vegetable, onion and capsicum.

25. STIR FRY(A) LEMONGRASS (B) BASIL WITH YOUR CHOICE OF (G)

Marinated meat/seafood stir fried with lemongrass, capsicum and chilli.

26. MIXED VEGETABLE STIR FRY WITH OYSTER SAUCE (G)

Stir fried marinated meat/seafood with mixed vegetable.

27. SWEET & SOUR (G)

Meat or Seafood sautéed with sweet & sour sauce, pineapple and tomato.



Main - Signature Dishes

28. CRISPY PORK BELLY WITH STEAM KAILAN VEGETABLE 26.50 (G)

Chef's invention. Roasted five spice crispy pork belly slices on the bed of steamed kailan. Served with I Love Pho special sauce.

29. "I LOVE PHO" SHAKING BEEF 28.00 (G)

Eye fillet beef cubes stir-fried with onion, garlic and sesame oil. Serve with garden salad and cherry tomato. (250g)

30. CRISPY SKIN CHICKEN *Gà Chiên Dòn* 18.60 (G)

Traditional Vietnamese crispy skin chicken maryland.

31. HUE'S STYLE LEMONGRASS CHICKEN HOTPOT 21.60 (G)

Boneless chicken thigh slow cooked with lemongrass, ginger and a touch of turmeric.



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Beef, Chicken & Pork

32. WAGYU HOTPLATE 28.00 (G)

Chef's invention. Wagyu steak served with garden salad and tomato.

33. BEEF WITH SNOW PEAS *Bò Xào Đậu Hoa Lan* 19.80 (G)

Stir fried marinated beef with snow peas and garlic.

34. BEEF WITH BROCCOLI *Bò Xào Đậu Sup Lo* 19.80 (G)

Stir fried marinated beef with broccoli and garlic.

35. "SHAKING CHICKEN" *Gà Luc Lac* 18.60 (G)

Chicken fillet tossed with garlic, butter, onion, black pepper and capsicum.

36. SALT & PEPPER MARINATED CHICKEN *Gà Chiên Muối* 18.60 (G)

Crispy fried marinated chicken with salt, pepper and chilli.

37. GRILLED MARINATED PORK CHOPS *Suon Nuong* 18.60 (G)

Grilled marinated pork chops.

**Add: Bowl of Hearty Soup 7.00 (G)*

Bowl of Jasmine Rice 2.50 (G)

Extra meat 3.50 (G)



Seafood & Vegetable

38. CARAMELISED FISH HOT POT *Cá Kho To* 25.50 (G)

Vietnamese traditional braised fish hot pot.

39. GARLIC PRAWNS *Tôm Xào Tỏi* 24.00 (G)

Stir fried tiger prawns (peeled) with garlic and mixed vegetable.

40. SEAFOOD HOT POT *Do Bien Hot Pot* 25.50 (G)

Hot pot of tiger prawns (peeled), ling fish fillet, squid and mixed vegetable.

41. SNOW PEA AND BROCCOLI WITH XO SAUCE 17.90 (G) (V)

Steam snow pea and broccoli tossed in XO sauce.

42. VEGETABLE HOT POT WITH FRESH TOFU 17.60 (G) (V)

Seasonal vegetable and fresh tofu cooks in a traditional hot pot.

43. STIR FRIED MORNING GLORY *Rau Muong Xào* 16.90 (G) (V)

Stir fried morning glory with garlic.

44. STEAMED BOKCHOY AND BROCCOLI WITH OYSTER SAUCE 17.60 (G) (V)



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Vermicelli Salad Bowl

45. I LOVE PHO'S "ALL IN ONE" *Bún Dac Biet* 19.60 (G) (V)

A combination of grilled pork meat, spring rolls, sugar cane prawns and pork skewers.

Served with vermicelli, fresh Vietnamese herbs, cucumber, bean sprouts, peanut and crispy shallot.

46. GRILLED MARINATED PORK & SPRING ROLL WITH VERMICELLI SALAD

Bún Thịt Nướng Cha Giò 17.50 (G) (V)

Grilled marinated pork & spring rolls. Served with vermicelli, fresh Vietnamese herbs, cucumber, bean sprouts, peanut and crispy shallot.

47. LEMONGRASS MARINATED BEEF WITH VERMICELLI SALAD

Bún Bò Xào 17.50 (G)

Lemongrass beef with rice vermicelli. Served with fresh herbs, cucumber, bean sprouts, peanut and crispy shallot.

48. LEMONGRASS MARINATED CHICKEN WITH VERMICELLI SALAD

Bún Gà Xào 17.50 (G)

Lemongrass chicken with rice vermicelli. Served with fresh herbs, cucumber, bean sprouts, peanut and crispy shallot.

49. SUGARCANE PRAWN PASTE VERMICELLI SALAD *Chao Tôm* 19.50 (G)

Prawn paste wrapped around sugarcane. Served with vermicelli, served with fresh herbs, cucumber, bean sprouts and mint.

50. CRISPY CHICKEN MARYLAND WITH VERMICELLI SALAD

Bún Gà Giòn 18.50 (G) (V)

Vietnamese crispy chicken served with vermicelli. Served with fresh herbs, cucumber, bean sprouts and mint.

51. GRILLED PORK CHOP WITH VERMICELLI SALAD

Bún Suon Nướng 18.50 (G) (V)

Vietnamese famous marinated pork chop. Served with vermicelli, fresh herbs, cucumber, bean sprouts and mint.

52. SPRING ROLLS VERMICELLI SALAD *Bún Cha Giò* 17.50 (G) (V)

Our famous Vietnamese crispy spring rolls. Served with vermicelli, fresh herbs, cucumber, bean sprouts and mint.

53. VEGETARIAN SPRING ROLLS & TOFU VERMICELLI SALAD

Bún Cha Giò Chay 17.50 (G) (V)

Vegetarian crispy spring rolls. Served with vermicelli, fresh herbs, cucumber, bean sprouts & mint.

54. GRILLED PORK SKEWERS & SPRING ROLL WITH VERMICELLI & SALAD

Bún Nem Nướng Cha Giò 17.50 (G)

Grilled pork skewers & spring roll. Served with vermicelli, fresh Vietnamese herbs, cucumber, bean sprouts and peanut and crispy shallot.



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Noodle Pho

55. **WAGYU BEEF NOODLE SOUP** *Pho Wagyu* 16.90 (G)
56. **COMBINATION BEEF & CHICKEN NOODLE SOUP** *Pho Bo Gà* 16.90 (G)
57. **CRISPY CHICKEN NOODLE SOUP** *Pho Gà Gion* 16.90 (G)
Rice noodle/egg noodle with vegetable. Served with crispy chicken maryland.
58. **PORK CHOP NOODLE SOUP** *Pho Suon* 16.90 (G)
Rice noodle/egg noodle with vegetable. Served with pork chop.
59. **SEAFOOD NOODLE SOUP** *Pho Do Bien* 16.90 (G)
Combination of seafood. Served with rice noodle and mixed vegetable.
60. **SPECIAL BEEF NOODLE SOUP** *Pho Dac Biet* 16.90 (G)
Combination of rare beef slices, beef flank, beef balls, tripe and beef tendons.
61. **RARE BEEF NOODLE SOUP** *Pho Tai* 13.90 (G)
62. **BEEF FLANK NOODLE SOUP** *Pho Nam* 13.90 (G)
63. **SPICY BEEF NOODLE SOUP** *Bun Bo Hue* 13.90 (G)
64. **BEEF BALLS NOODLE SOUP** *Pho Ba Vien* 14.90 (G)
65. **CHICKEN NOODLE SOUP (FLAT RICE NOODLE)** *Pho Gà* 13.90 (G)
66. **CHICKEN NOODLE SOUP (THIN BEAN NOODLE)** *Mien Gà* 13.90 (G)
67. **VEGETABLE & TOFU NOODLE SOUP** *Pho Chay* 13.90 (G) (V)
Vegetable stock is made from 100% mixed fresh vegetables.
- *Add:* *Vegetable/Tofu/Noodle/Egg Noodle* 2.50 (G)
Meat/Meat Balls/Seafood 3.50 (G)
Single Wagyu Serve 5.00 (G)
Crispy Skin Chicken/Pork Chop 6.50 (G)

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Banquet

I LOVE PHO'S BEST SELECTION BANQUET

45.00 per person

Vietnamese Crispy Pancake
Fresh Rice Paper Roll *or* Crispy Spring Roll
Grilled Prawn Paste wrapped around a Sugar Cane stick
Green Papaya *or* Salad with Prawn & Pork *or* Chicken Salad
with mixed Cabbages & Mint
I Love Pho's Special Shaking Beef
Salt and Pepper Squid
Crispy Pork Belly with Steam Kailan Vegetables
Rice

BEST VEGETABLE DISHES BANQUET

40.00 per person

Warm Rice Noodle Roll with Tofu
Crispy Vegetarian Spring Roll, made of Taro, Mung Bean & Carrot
Green Papaya Salad with Tofu
Salt and Pepper Tofu
Stir Fried Mushroom and Vegetable
Rice

Options for a better meal

Fried Noodle with Beef and Mixed Vegetable	18.50
Special Fried Rice	16.50
Seafood Fried Rice	17.50



Ngon Lắm!